

Winter walks guide

**over 10
routes**
to explore



LA TOUSSUIRE
Les Sybelles 1800 - 2620m

le Corbier
les Sybelles



HIKING



SNOWSHOEING



CROSS-COUNTRY
SKIING & SKATING



TRAIL MARKING TO FOLLOW



2 Col de la Croix-de-Fer ↔

4 La Panoramique ↔



Our ski resorts

Welcome to our home!

Nestled at **an altitude of 1,550 metres**, in the heart of the Maurienne Valley,

Le Corbier and La Toussuire, **are part of Les Sybelles®, one of the Alps' best-kept ski areas**. An ideal destination to breathe deeply and reconnect with your true nature.

Discover our unforgettable ski area, **featuring slopes for all levels**, from beginners to experts, a snowpark for freestyle enthusiasts, and **pedestrian routes for adventure lovers**.



The **Golden Rules of Hiking**



Appreciate **nature and wildlife**, while helping to protect them.



Leave only footprints, **take no litter with you.**



Take home nothing but **wonderful memories of your adventure.**



Stay on marked trails to protect local environment.



Respect other hikers and wildlife: **keep your dog on a lead.**



Show **kindness and consideration** towards others.



Tips from our guides

For **breathtaking views of the Aiguilles d'Arves**, the Col d'Arves and the Cretes are our favourites!

Discover these itineraries on the following pages.



LA TOUSSUIRE
Les Sybelles 1800 - 2620m

Le Garney, **1.7km**

Le Plan Chaud from
La Toussuire, **3.2km**

Le Plan Chaud
from Le Corbier,
5.2km

Champ l'Eriscal,
5km

L'Oeillette,
5.1km

Les Crêtes from La
Toussuire, **3.9km**

Les Crêtes from
Le Corbier, **3.9km**

Le Col d'Arves,
7.1km

La Croix de la Lauze,
3.5km

Le Tour des
hameaux, **8.8km**

Les 3 Croix, **4.9km**

La boucle du
Garde Chasse,
14.4km

We offer more than 10 walking itineraries — **snowshoeing, hiking, classic cross-country skiing or skating** — allowing you to discover unique panoramas and enjoy immersive experiences in close contact with nature.

This guide includes various **pictograms** and **practical information**.

Find their meanings below to help you choose **the ideal route** for your adventure.

Required experience level

easy **moderate** **fairly difficult** **difficult**



Distance



Route format: *loop or out-and-back*



Starting point



Hiking duration



Activity types

on foot **snowshoeing** **cross-country skiing** **skating**



Positive elevation gain



Equipment

snowshoes **poles** **cross-country skis** **crampons**



Suitable for children

Ages 4+ **Ages 6+** **Ages 8+**



For more
informations

Tourist Office • Le Corbier
+33 (0) 4 79 83 04 04

Tourist Office • La Toussuire
+33 (0) 4 79 83 06 06

Emergency services **112**

Ski patrol +33 (0) 4 79 83 92 92

La boucle du Garney in winter 20

Starting point:

Tourist Office Le Corbier

Type of itinerary:

On foot or with snowshoes easy 1.7 km

+54m 45 min Loop Ages 4+

Route:

Starting from the **Tourist Office**, cross the snow front up to the covered stairs. Go down the stairs and cross the road to reach the pedestrian path. At the next intersection, take the path on the left. Continue until the bridge and **cross the Garney stream**. At the next junction, turn right to descend to the Garney Green Bridge. Cross the bridge and climb back up to reconnect with the original trail.



Sled and stroller friendly,
ideal for toddlers



Les Cretes from Le Corbier 24

Starting point:

At the top of the chairlift Sybelles Express moderate

Type of itinerary:

On foot or with snowshoes 3.9km +154m 1h30

One way Dogs not allowed Pedestrian Pass

Ages 6+ Hiking poles recommended

Route:

At the top of the **Sybelles Express chairlift**, follow the path that goes under the chairlift. Cross the ski slope to reach the pedestrian route. Follow the gently rolling, groomed path up to **the top of the Tête de Bellard chairlift**. Take the chairlift back down, then walk to the La Toussuire Tourist Office. From there, take the shuttle bus back to Le Corbier or walk **via path No. 21**.



Out-and-back: 7.9km • 314m ascent • 3h30
Return via the same route, then take the Sybelles Express chairlift back down.



La boucle du Plan Chaud from 21 Le Corbier

Starting point:

📍 Tourist Office Le Corbier

Type of itinerary:

👤 On foot, snow shoes, cross-country skiing

moderate

📏 5.2km

📈 + 177m

🕒 2h30

🔄 Loop

👤 Ages 4+

🥾 Hiking poles recommended

Route :

Starting from **the Tourist Office**, cross the ski front up to the covered stairs opposite the Sybelles Express chairlift. Go down the stairs, cross the road, and join the descending path. At the next intersection, take the path on the left, which gently ascends. Continue to the wooden footbridge, which crosses **the Garney stream**.

At the next junction, turn left to climb up **to the Plan Chaud plateau**. Turn left again to follow the road uphill for a short distance, then take the path on the left.

Cross the road a second time, then continue to the **Praz Rivier intersection**.

Cross the plateau in the opposite direction, then take the descending path at the edge of the plateau and turn left to reach **the Garney Bridge**. Cross the bridge and ascend toward Le Corbier.



This route is also a fun and immersive trail: **the Space Trail**.

Accompanied by Cosmix, the mascot of the Le Corbier Children's Club, embark on a journey through space.

You will discover several themed stations along the way to guide you through the trail.

Booklet available at the Le Corbier Tourist Office. Free of charge. For children aged 6–12.

L'Œillette 22

Starting point :

📍 Tourist Office Le Corbier

Type of itinerary :

👤 On foot or with snowshoes

moderate

📏 5.1km

🏔️ 236m D+

🕒 2h45

👤 A/R

👤 Ages 6+

🥾 Hiking poles recommended



Route :

Starting from the **Tourist Office**, walk past the buildings downhill toward the lower part of the resort. Once you reach the ticket offices for the La Voie Lactée chairlift, follow the road **toward the hamlet of Le Cruet** (below the Goélia – Les Alpagnes du Corbier residence). At La P'tite Ferme de l'Aubrac, go down to the left, **passing in front of Saint Philomene Chapel**. At the bottom of the slope, turn right onto a track that climbs gently and enters the heart of the forest. At the next junction, turn left and descend to a stream. Cross it to reach **the L'Œillette picnic area**. Return via the same route.



Remember to pack a pair of binoculars in your backpack. With a bit of luck, you may **spot chamois on the steep slopes of Mont Charvin**.

This beautiful photo was taken here in Le Corbier by a local photographer, Léo Dompnier.
@leo_dompnier_wildlife

The must-do hike starting
from Le Corbier



25 Le Col d'Arves

Starting point:

📍 Tourist Office Le Corbier

Type of itinerary:

👣 On foot or with snow shoes

fairly difficult

⚡ 425m D+

🕒 4h10

🔄 Loop

📏 7.1km

👤 Ages 6+

🥾 Snow shoes and hiking poles recommended

Route :

From **the Tourist Office**, walk past the buildings heading down towards the lower part of the resort. At the ticket offices for the La Voie Lactée chairlift, take the road on the right, below the Goélia – Les Alpagnes du Corbier residence. Continue right **in the direction of the Cruet hamlet**, then immediately turn right up the embankment. Climb **up to the Saut ski slope**, follow it on the left, then turn left **to reach the area below the Mont Corbier chairlift and the Buddha Ski mountain restaurant**. Then

take a small path in **the Arvins combe** which joins the Lièvre ski slope. Follow it on the left, then turn left to reach the Col d'Arves. From the Col, descend to the left **towards La Baye**. Continue along a track, then turn left twice to climb back up to Le Cruet. From there, turn right onto the road to return to Le Corbier.



Le tour des hameaux 26

Starting point :

📍 Tourist Office Le Corbier

Type of itinerary :

👤 On foot or with snow shoes

fairly difficult

📏 8.8km

⚡ 418m D+

🕒 4h40

🔄 Loop

👤 Ages 6+

🥾 Snow shoes or crampons and hiking poles recommended

Route :

From **the Tourist Office**, walk alongside the buildings downhill toward the lower part of Le Corbier. Once you reach the lift ticket offices for the La Voie Lactée chairlift, follow the road **toward the hamlet of Le Cruet** (below the Goélia – Les Alpagnes du Corbier residence). At La P'tite Ferme de l'Aubrac, go down to the left, passing **in front of Saint Philomène Chapel**. At the bottom of the downhill, turn right onto a track that climbs slightly and enters **the heart of the forest**. At the next junction, turn left and descend to a stream; cross it to reach **the L'Oeillette picnic area**. From there, take the path that goes downhill through the woods after the barbecues on the right. At the next crossroads, turn left, cross the stream and then a footbridge to join a track leading to **La Tigny**. Turn left



Discovering traditional hamlets and mountain heritage



onto the road, then take the right-hand turn 100 m after the bridge. Pass the bread oven, then cross the road by the Town Hall. In a bend, take the path that climbs to the left **up to Les Fromentières**. Turn right onto the road, then left to reach Les Crevasses. At the end of the hamlet, take the path that joins **the Plan Chaud route**. Cross the plateau, go down a descent, then continue on the track to the right. Cross the stream via a footbridge, then return to Le Corbier via the track that passes above the riding center.



27 La boucle du Garde Chasse

Starting point :
Tourist Office Le Corbier

difficult On foot or with snow shoes

14.4km 789m D+ 8h00

Out and back Ages 8+

Snow shoes or crampons and hiking poles recommended

Route :

From **the Tourist Office**, walk alongside the buildings downhill toward the lower part of Le Corbier. At the lift ticket offices for the La Voie Lactée chairlift, take the street on the right below the Goélia – Les Alpes du Corbier residence. Turn right **toward the hamlet of Le Cruet**, then immediately turn right up the embankment. Climb up to **the Saut ski slope**, follow it on the left, then turn left to reach the area **below the Mont Corbier chairlift and the mountain restaurant Le Buddha Ski**. Then take a small path **through the Arvins hollow** that joins the Lièvre ski slope. Follow it on the left, then turn left to reach **the Col d'Arves**. From the pass, descend to the left **toward La Baye**. Continue along the track, then turn right to go down to a stream, cross it, and reach **the L'Oeillette picnic area**. From

there, take the path that descends through the woods after the barbecues on the right. At the next junction, turn right onto a path that joins a track. Turn left to follow the downhill track. Cross a stream, then climb back **up to La Tigny** via the track and then a road. Continue straight along the road, then turn right 100 m after the bridge. Pass in front of the bread oven, then cross the road near the Town Hall. At a bend, take the path that climbs to the left **up to Les Fromentières**. Turn right onto the road, then left to reach **Les Crevasses**. At the end of the hamlet, take the path that joins **the Plan Chaud** route. Cross the plateau, go down a descent, then continue on the track to the right. Cross the stream via a footbridge, then return to Le Corbier via the track that passes above the horse riding center.

Le Plan Chaud from La Toussuire 21



Ideal for sunbathing with mountain views

Starting point :

📍 Junction La Toussuire, Praz Rivier

Type of itinerary :

👤 On foot, with snow shoes

easy

📏 3.2km

📏 104m D+

🕒 1h30

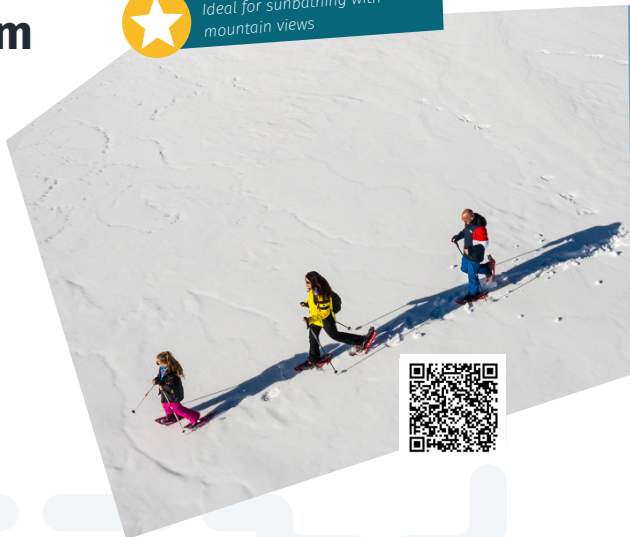
🔄 Loop

👤 Ages 4+

🛠️ Hiking poles recommended

Route :

From the **La Toussuire–Praz Rivier junction**, go down to **the Plan Chaud plateau**, then turn left to complete the loop and return to the starting point, crossing the road twice.



Champ l'Eriscal 23

Starting point :

📍 La Toussuire Tourist Office

Type of itinerary :

👤 On foot, with snowshoes

Moderate

📏 5km

📏 157m D+

🕒 2h20

🔄 Loop

👤 Ages 6+

🐕 Dogs not allowed

🛠️ Hiking poles recommended

Route :

Take the road opposite **the La Toussuire Tourist Office**, then turn right to go along the tennis courts on the right. Bear slightly right to pass **through the middle of the residences** (Hôtel Beausoleil on the right). Go up the street, cross the main road, then take the path that climbs straight ahead. Once on the groomed trail, several routes are possible.





Les Crêtes from 24 La Toussuire

Starting point :
📍 Top of the chairlift Tete de Bellard

Moderate

Type of itinerary :
👤 On foot or with snow shoes

📏 3.9km

🏔️ 161m D+

🕒 2h00

👤 One way

👤 Ages 6+

🥾 Hiking poles recommended

🚶 Pedestrian pass

🚫 Dogs not allowed

Route :

Out and back: 7.9 km • 314 m ascent • 3 h 30

Return via the same route, then take the Tête de Bellard chairlift again on the way down.

At the arrival of **the Tête de Bellard chairlift**, bear slightly left and then descend to join the groomed pedestrian route. Cross a ski slope to reach the groomed pedestrian trail. Follow the undulating, groomed route **to the top of the Sybelles Express chairlift**. Descend to Le Corbier by taking the Sybelles Express chairlift. At the bottom, cross the Le Corbier snow front, take the metal stairs leading up to the main road to the bus stop. From there, take the yellow shuttle to return to La Toussuire, or go on foot **via itinerary no. 21**.



La Croix de la Lauze (28)

Starting point:

La Toussuire Tourist Office

Type of itinerary:

On foot or with snow shoes

easy

3.5km

107m D+

1h30

Loop

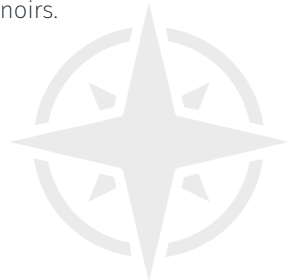
Ages 6+

Hiking poles recommended

Route :

Take the road opposite **the Tourist Office**, then turn right to follow the tennis courts on the right. Bear slightly right to pass through the middle of the residences (Hôtel Beausoleil on the right). Go up the street, then turn right onto the main road for 200 m. **Turn left onto Sylvain Truchet Street**, which climbs and, after a few bends, leads **onto a track crossing a stream**. At the next intersection, turn left, follow the track, then go around the area marked by yellow and black poles

from below Turn right to go **to the cross**. Retrace your steps to the junction and take the flat track on the right, which leads to the bottom of **the Grand Truc chairlift**. Follow the ski slope on the left. When you reach the groomed **pedestrian route of Champ l'Eriscal**, turn left to descend to the main road and return to the Tourist Office via the same route suivre la piste, puis contourner par le bas la zone matérialisée par des jalons jaunes et noirs.





29 Les 3 Croix

Starting point :

📍 Junction La Toussuire, Praz Rivier

Type of itinerary :

Moderate

👤 On foot or with snowshoes

📏 4.9km

📏 249m D+

🕒 2h40

🔄 Out and back

👤 Ages 6+

🥾 Hiking poles recommended

Route :

From **the Praz Rivier junction**, take the road on the left that descends toward the Caravaneige campsite. Follow the road to the campsite, then turn right onto a track that descends under the trees and then across the fields to the road. Take the path that descends to the right, below the road, **down to Les Trembles**. Turn left to reach the road, cross it, and take the track that climbs straight ahead, then turn right onto the ridge. At the Trois Croix (Three Crosses) passage, follow **the blue marker no. 33 'Montee aux Trois Croix'** which leads to the Trois Croix along the ridge. Return via the same route.



A bit of history...

Les Trois Croix are the remains of a calvary originally made up of 14 crosses, **erected in the 15th century by the inhabitants of the hamlet of La Rochette**, who prayed to be spared from the plague.

Organised hikes

Going out with ESF

is even **better !**

For those who wish to discover our mountains at a gentle pace, the ski schools of Le Corbier and La Toussuire offer **guided snowshoe outings**.

Whether you are looking for a contemplative hiking, a night-time excursion, a sporty approach, or a discovery of winter wildlife, their varied programs will allow you to enjoy every step, with **the peace of mind of being guided by an experienced instructor**.

Information and registration can be done directly through the ski schools at our resorts.



ESF LE CORBIER

+33 (0)4 79 56 75 85
www.esf-lecorbier.com



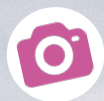
ESF LA TOUSSUIRE

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ESI LA TOUSSUIRE

+33 (0)4 79 56 77 74
www.esi-toussuire.com



Share your photos
and tag us !
@lecorbier • @latoussuire



Where to equipment ?

For those who don't have their own gear, don't worry! You can rent snowshoes and cross-country skis at **several sports shops in Le Corbier and La Toussuire**

Essentials for hiking



Navigation & weather

Stay on marked trail trails and check the weather forecast before setting off : **weather conditions can change quickly in the mountains!**



Hydratation & food

Drink regular to avoid dehydration, and remember to **bring cereal bars or fruit** to keep your energy up throughout your hike.



Clothing & Thermal protection

Make sure you are comfortable and well against the weather. Choose **equipments suitable** for each situation.



Sun protection

Even when it's cold, don't forget to **protect yourself from the sun!** This prevents sunburn and takes care of your skin.

**See you
this winter !**



**Tourist Office
Le Corbier**

Open every day from 9:00am to 6:30pm.

461, Promenade du front de neige
73300 • Villarembert

le-corbier.com
info@le-corbier.com

+33 (0)4 79 83 04 04



**Tourist Office
La Toussuire**

From Sunday to Friday, 9:00 am to 6:00 pm.
On Saturdays, 9:00 am to 7:00 pm.

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